

Computer User Questionnaire

Patient name (Print): _____

Date: _____

Dear Patient:

Many people experience a variety of symptoms after working at their computer for some period of time. Surprising, many don't relate those symptoms directly to looking at the screen. Instead, they may feel the headaches and tired eyes result from stress, or that a person is supposed to feel exhausted after a day at work.

Do you notice any of these visual problems? Please rate the following symptoms:

<i>Symptom</i>	<i>Mild</i>	<i>Moderate</i>	<i>Severe</i>
Headaches during or after working at the computer.....	_____	_____	_____
Overall bodily fatigue or tiredness.....	_____	_____	_____
Burning eyes.....	_____	_____	_____
Distance vision is blurry when looking up from the computer.....	_____	_____	_____
Dry, tired, or sore eyes.....	_____	_____	_____
Squinting helps when looking at the computer.....	_____	_____	_____
Neck, shoulders, or back pain.....	_____	_____	_____
Double vision.....	_____	_____	_____
Letters on the screen run together.....	_____	_____	_____
Driving/night vision is worse after computer use.....	_____	_____	_____
"Halos" appear around objects on the screen.....	_____	_____	_____
Need to interrupt work frequently to rest eyes.....	_____	_____	_____

If you feel any of these symptoms, we need to tell you about a new type of eyeglasses that can eliminate the symptoms and dramatically improve your comfort level when working on a computer. These eyeglasses result from a new vision testing technology developed specifically for computer users, which our office has been trained and certified to use.

Please give this questionnaire to the Doctor for an explanation of how these eyeglasses can help you.